

Report eHealth objectives for 2016

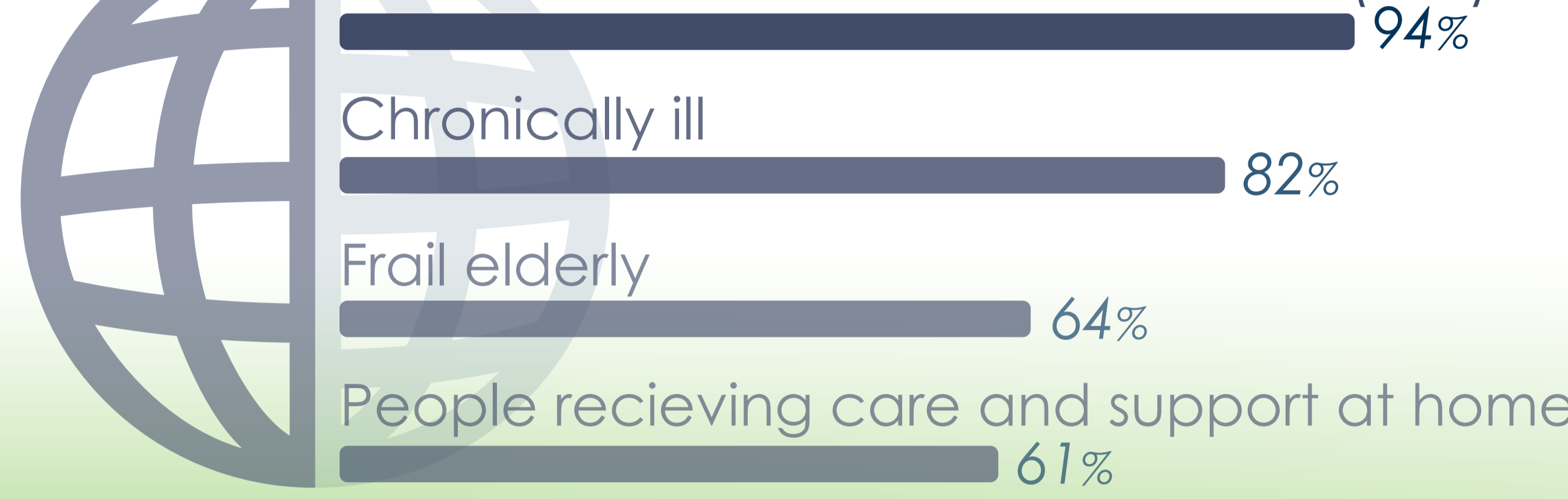
Background:

The **Letter to Parliament 'eHealth and healthcare improvement'** dating from July 2014 set out three objectives (■ ■ ■) aimed at stimulating the **deployment of eHealth**. This concerns the target groups of chronically ill patients, frail elderly and people receiving care or support at home. The deployment of technology (eHealth) plays an important role in assisting these people to **continue to live at home independently for longer and in better health**.

Timeline for objectives:



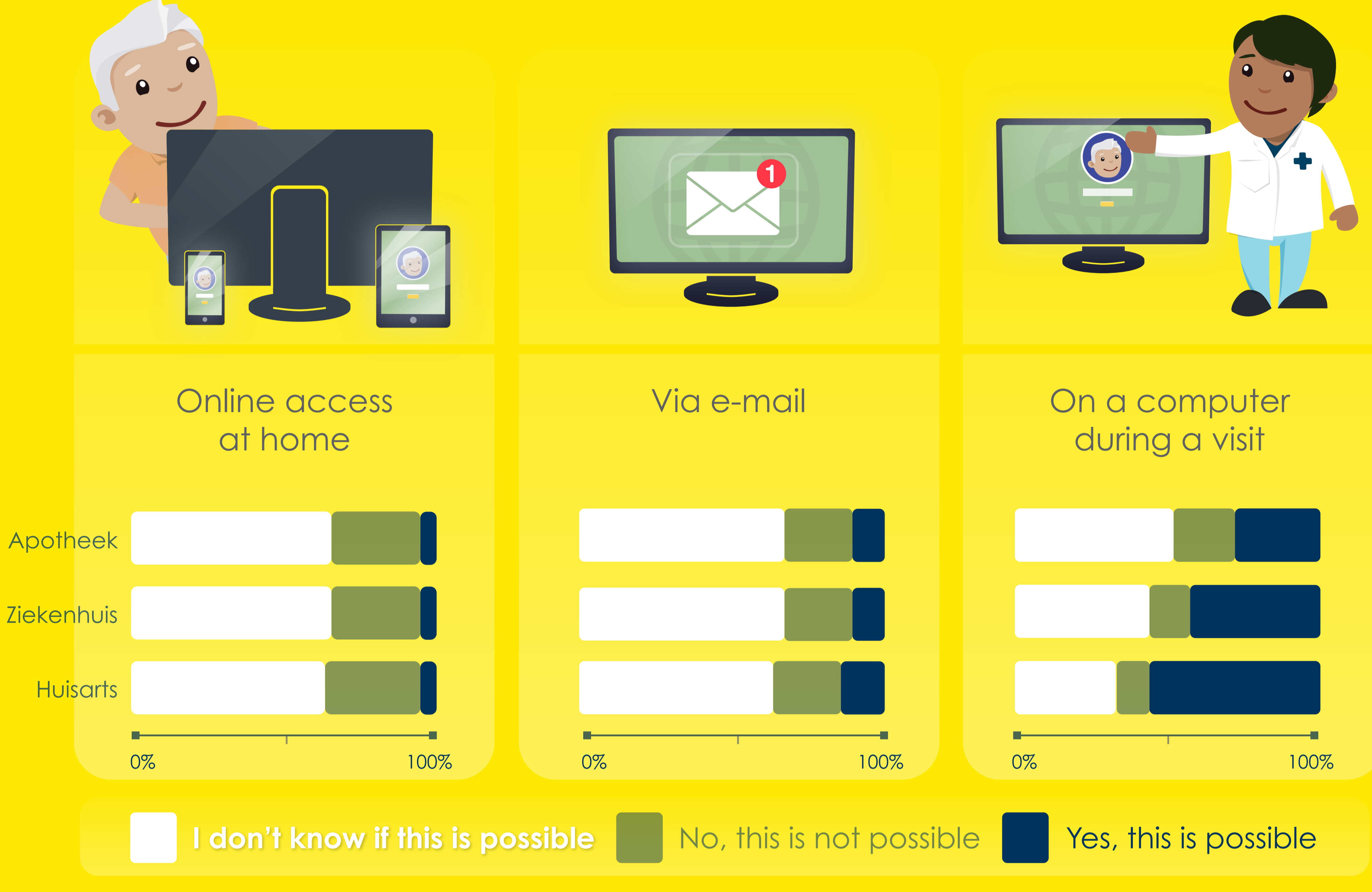
Who from target groups uses the internet?



Objective 1:

'Within five years, 80% of **chronically ill patients** will have direct access to certain health records, including information on medication, vital functions and test results, and can use these data if desired in mobile apps or internet applications. For other Dutch people this percentage is 40%. As a result, people will have greater awareness of their own health and incorrect entries in medical records by healthcare providers will be detected sooner.'

Chronically ill patients are often unaware of the possibilities for accessing their health records:



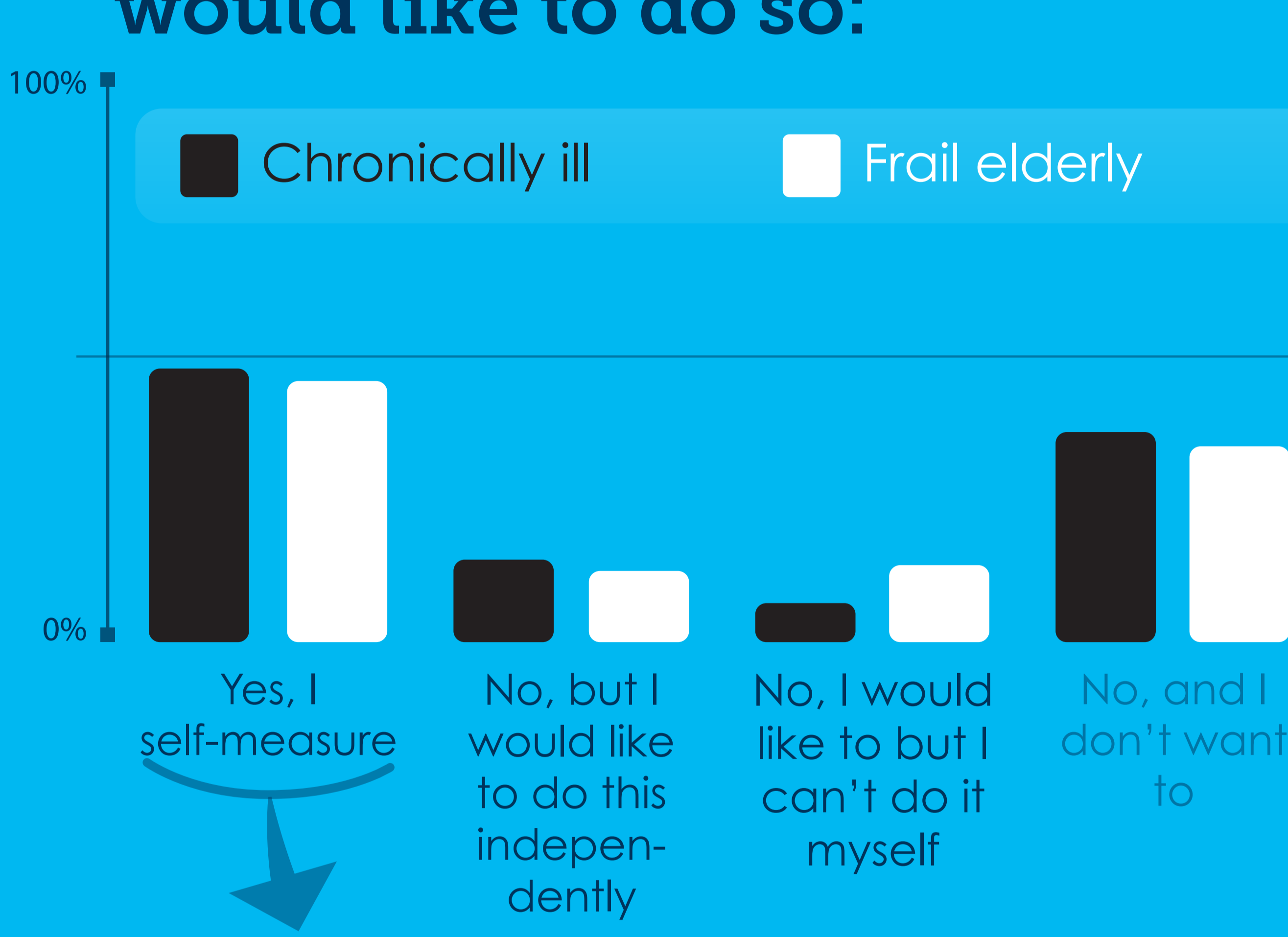
1 in 6 chronically ill patients have no computer or internet access



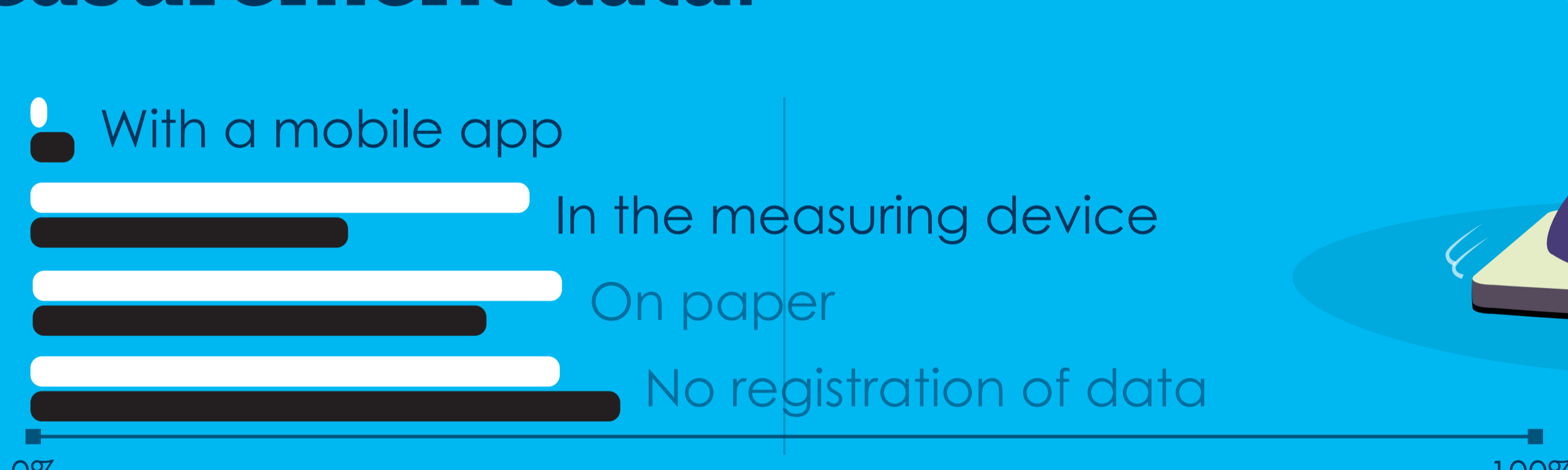
Objective 2:

'Within five years, 75% of the **chronically ill patients** (diabetes, COPD) and **frail elderly**, with the desire and capability to do so, will be able to carry out self-measurements, often in combination with remote patient health monitoring by the healthcare provider. This will allow them to monitor the development of their illness, and the regular feedback will provide an insight into the effect of their behaviour on their illness. This will encourage and facilitate faithful adherence to therapy.'

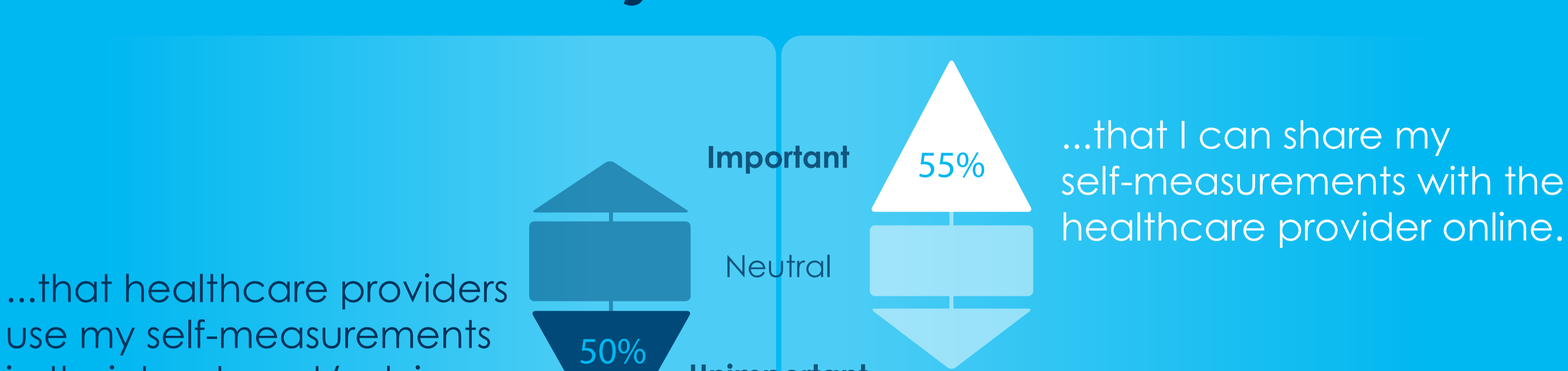
Majority self-measures or would like to do so:



Little digital registration of measurement data:



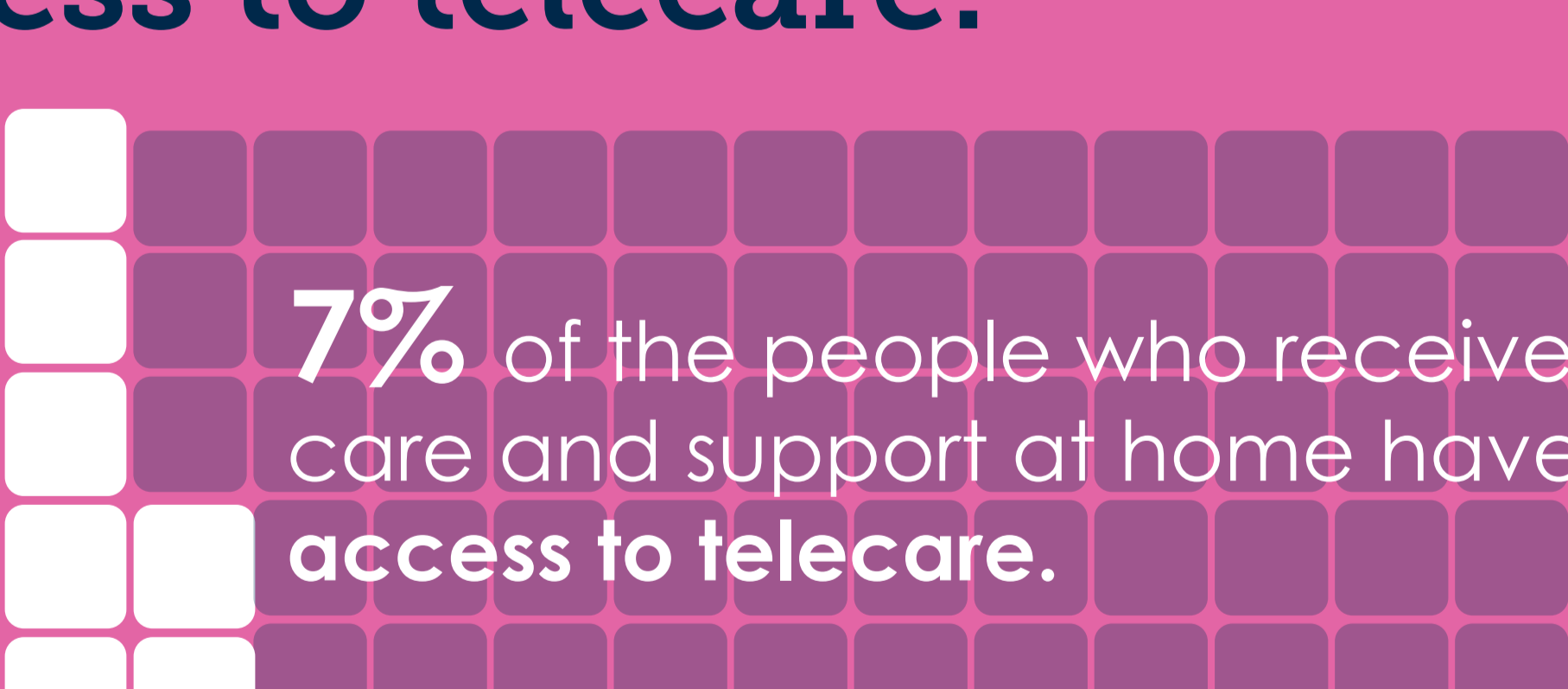
Sharing self-measurements is important but not necessarily via internet:



Objective 3:

'Within five years, **everyone who receives care and support at home** will have the opportunity, if desired, to communicate with a healthcare provider 24 hours a day via a video screen (telecare). In addition to this, domotics will also be deployed. This will all play a part in enabling people to live at home safely for longer.'

Target group still has little access to telecare:



Group with no access to telecare gives opinion:



Almost 1 in 3 can alarm a healthcare provider:



This infographic belongs to the Report on eHealth objectives for 2016 - 'Because I think it is important to take proper care of myself'.

[Download the report on nictiz.nl](http://nictiz.nl).